

SPRING 2025



A MESSAGE FROM BOARD PRESIDENT SANDY KEITH

Spring is in the air! I love spring. New growth, colorful flowers fill the beds of entries to our communities, trees bloom yellows and pinks and purples. We have lots to be excited about here within Good Sam Health Services as well.

GSHS QUARTERLY NEWSLETTER

We are grateful for the awesome generosity of support we have received from foundations via grants, and all our private donors throughout 2024. A special thanks to Luldes Serrano and George Forcier for their hard work writing and submitting the grant applications throughout the years. We celebrate and appreciate our 2024 supporters. (*Please see charts on page 2*).

Good News from the Pharmacy: Our Pharmacist, Kelly Scolaro has been diligent in acquiring FREE medicine and medical supplies from Direct Relief. In 2024 we received 33 shipments of much needed supplies, at no cost to us! Thank you, Direct Relief and Kelly. Additionally, Kelly notified our board members that the pharmacy's over the counter supplies needed replenishing with essential supplies which we offer to our clients, at no cost. I shared the need with another local organization, S.T.A.R.T. -Sharing Talents And Resources Together. Their president, Carolyn Bach, responded to our request, with a generous \$500 donation from their Board in March. Their all volunteer organization also agreed to add GSHS to their list of the many non-profit organizations they support by promoting our 'wish list' in their monthly newsletter, gathering over the counter donations from their members and bringing the supplies to us, monthly. What a blessing!! Thank you S.T.A.R.T.

A reminder to our readers, the updated over the counter 'wish list" is easily accessed on our website, www.goodsamrx.org .

Our growth and success wouldn't be possible without the hard work of our approximately 50 committed volunteers. We will be celebrating together, at our annual Volunteer Dinner, April 13 at the Venetian G & CC. Thanks to Jan Tkaczyk for arranging the event for us.

"We make a living by what we get, but we make a life by what we give." Winston Churchill

Please help spread the word. forward this newsletter to your friends and family.



Volunteer Profile

SELENA SHEN

"I am Selena, a Pine View student. I have volunteered at Good Sam for 2 years, originally inspired by my brother, who also volunteered here. My work involves completing and organizing patient paperwork for doctors, scheduling appointments for patients, and small gestures like bringing candy to brighten someone's day.

I am extremely grateful for the opportunity to volunteer at Good Sam, where I have had the privilege of connecting with patients, their families and volunteers. Hearing patients' stories and learning from Good Sam staff have shaped me to be a more compassionate and conscientious person. Last year, my friend and I raised \$200 for the clinic through playing violin in public, and I've enjoyed surprising everyone with roses for Valentine's Day. It's an honor to play even a small part in supporting Good Sam's mission.

Outside of volunteering, I love playing music, bouldering, and spending time with my family, friends, and cats."

If you know someone who may want to help us, here are

VOLUNTEER OPPORTUNITIES

LICENSED PHARMACISTS & PHARMACY TECHNICIANS

Tuesdays 9 AM - 2:30 PM & Wednesdays 5:30 PM - 8:30 PM

LICENSED NURSES

Wednesdays 5:00 PM - 8:30 PM

FRONT DESK

Tuesdays 11:30 AM - 2:30 PM

ADVOCATES

Mondays 12:00 PM - 4:00 PM Tuesdays 10:00 AM - 3:00 PM Wednesdays 9:00 AM - 1:00 PM

• • • and there are opportunities for high school volunteers too!

Call Luldes at 941-445-5687